

# August 2024

CE

## COMANCHE HIGH SCHOOL

Monday

Tuesday

Wednesday

Thursday

Friday

### Did you know?

August is named after Augustus Caesar, founder and the first emperor of the Roman Empire, who was posthumously adopted by his maternal great-uncle Gaius Julius Caesar. In the early Roman calendar, August was actually the sixth month of the year. It was originally 30 days in length, but an extra day was added so that it would equal the number of days in July, which was named after Julius Caesar.

**WELCOME BACK**  
**DEE DEE, SANDRA, VALIA**  
**JERECCE & TINA**

### BREAKFAST

**MONDAY:**  
SAUSAGE, EGG & CHEESE  
CROISSANT

**TUESDAY:**  
BREAKFAST PIZZA  
OATMEAL

**WEDNESDAY:**  
SAUSAGE  
BISCUIT  
EGG  
GRAVY  
JELLY

**THURSDAY:**  
FRENCH TOAST  
BACON  
SYRUP

**FRIDAY:**  
PANCAKE WRAP  
YOGURT  
SYRUP

**EVERYDAY:**  
CEREAL  
JUICE  
MILK  
CHEESE STICK  
FRUIT

5

6

7

X-TREME BURRITO  
OR  
QUESADILLA  
SALSA  
REFRIED BEANS  
CUCUMBERS  
FRUIT  
ICE CREAM CUP & MILK

8

CHICKEN SANDWICH  
CHIPS  
OR  
SPAGHETTI BOWL  
BREADSTICKS  
FRESH VEGGIE CUP  
SALAD  
FRUIT & MILK

9

PEPPERONI PIZZA  
OR  
CHEESEBURGER MACARONI  
ROLL  
BABY CARROTS  
GREEN BEANS  
FRUIT  
COOKIES & MILK

12

RANCHERO WRAP  
OR  
POPCORN CHICKEN  
ROLL  
CORN  
BROCCOLI SALAD  
FRUIT  
COOKIE & MILK

13

BBQ ON BUN  
OR  
HOT DOG  
TATER TOTS  
TOMATO CUP  
SNOWBALL SALAD  
MILK

14

CHICKEN ALFREDO  
BREADSTICKS  
OR  
MEATBALL SUB SANDWICH  
SALAD  
GREEN BEANS  
FRUIT  
MILK

15

TEX-MEX STACK  
OR  
CHICKEN FAJITAS  
SPANISH RICE  
REFRIED BEANS  
BABY CARROTS / SALSA  
FRUIT  
SHERBET CUP & MILK

16

STEAK  
GRAVY  
OR  
FISH STICKS  
MASHED POTATOES  
OKRA  
ROLL  
FRUIT & MILK

19

CHICKEN ENCHILADAS  
OR  
QUESADILLA  
TORTILLA CHIPS  
REFRIED BEANS  
CORN / SALSA  
FRUIT  
PUDDING & MILK

20

PHILLY CHEESESTEAK  
SANDWICH  
OR  
X-TREME BURRITO  
CORN  
CUCUMBERS / FRUIT  
PB RICE KRISPIE TREAT  
MILK

21

TUNA SANDWICH  
TATER TOTS  
OR  
CHICKEN -N- WAFFLE  
HASHBROWNS  
FRESH VEGGIE CUP  
FRUIT  
MILK

22

CHEESEBURGER / CHIPS  
HAMBURGER GARNISH  
OR  
CHEESY BREADSTICKS  
MARINARA SAUCE  
TOMATO CUP / SALAD  
FRUIT  
MILK

23

CHICKEN NUGGETS  
MAC & CHEESE  
OR  
TANGERINE CHICKEN  
BROWN RICE  
EGG ROLL  
BABY CARROTS / SQUASH  
FRUIT & MILK

26

BREADED DRUMSTICK  
OR  
CHICKEN SPAGHETTI  
BREADSTICKS  
SALAD  
SWEET POTATOES FRIES  
FRUIT  
MILK

27

TACO STICK  
SALSA  
OR  
CHEESY BREADSTICKS  
MARINARA SAUCE  
SALAD  
FRUIT  
FRUIT  
MILK

28

WALKING TACO  
OR  
TURKEY & CHEESE SANDWICH  
CHARRO BEANS  
FRESH VEGGIE CUP  
FRUIT  
BROWNIE  
MILK

29

CHEESE PIZZA  
OR  
BONELESS CHICKEN WINGS  
SUN CHIPS  
CELERY STICKS  
BABY CARROTS  
FRUIT  
SHERBET CUP & MILK

30

**NO SCHOOL**